

SOUL SNOOD, GLOVES AND SOCKS

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garments worked in one size and shown on a model.

Pattern and Design by Margaret Botha.

MATERIALS: SOUL (50g balls)

SOCKS: 2 balls 7042M.

One set each 2,5mm and 3mm double pointed needles.

SNOOD: 1 ball each 7287 A, 7041M B, 7043M C and 7042M D.

One 3,25mm circular needle.

GLOVES: 1 ball 7287.

One pair 3mm knitting needles.

One set each 2,5mm and 3mm double pointed needles.

One cable needle.

MEASUREMENTS:

SOCKS: To fit an average size 4 – 6 shoe. (Length of foot can be adjusted).

SNOOD: Approx. circumference 65cm by 40cm length.

GLOVES: To fit average size hand.

THE INSTRUCTIONS ARE GIVEN FOR ONE SIZE ONLY.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.

22sts and 30 rows = 10cm over Stocking Stitch using 4mm needles.

FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.

IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;

IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **dec** = decrease; **DSR** = drop stitch round (see sts used); **fol** = follow(ing); **inc(s)** = increase; **k** = knit; **patt(s)** = pattern(s); **pss** = pass slipped stitch over; **p** = purl; **pw** = purl wise; **rem** = remain(ing); **rep** = repeat; **R(W)S** = right(wrong) side; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong) side row; **R(L)H** = right(left) hand; **st(s)** = stitch(es); **st st** = stocking stitch; **sl** = slip; **SKPO** = slip one, knit one, pass slipped stitch over; **tog** = together; **tbl** = through back of loop; **T2F** = knit into

2nd st on left hand needle then into the 1st st remove both sts of needle together; **T3L** = twist 3 left - slip next 2sts onto cable needle, hold at front of work, purl next stitch then knit sts from cable needle; **T3R** = Twist 3 right - slip 1 stitch onto cable needle, hold at back of work, knit next 2sts then purl stitch from cable needle;

STITCHES USED:

SINGLE RIB PATTERN:

1st row: K1, *p1, k1, rep from * to end.

2nd row: P1, *k1, p1, rep from * to end.

Rep these 2 rows.

FANCY RIB PATTERN:

1st round: *K2, p1, rep from * to end of round.

2nd round: *T2F, p1, rep from * to end of round.

3rd round: Work as 1st round.

Rep these 3 rounds.

PICOT CAST ON EDGE:

*Cast on 5sts. Cast off 2sts, place st on RHN back onto LHN. Rep from * until 60sts are on LHN.

LACE PATTERN (Worked over 11sts):

1st, 3rd and 5th row: RSF, k1, yfd, k2tog, k5, SKPO, yfd, k1.

2nd and every alt row: P.

7th row: K1, yfd, k3, sl1, k2tog, pss, k3, yfd, k1.

9th row: K2, yfd, k2, sl1, k2tog, pss, k2, yfd, k2.

11th row: K3, yfd, k1, sl1, k2tog, pss, k1, yfd, k3.

13th row: K4, yfd, sl1, k2tog, pss, yfd, k4.

Rep these 13 rows.

STOCKING STITCH (In rounds on circular or double pointed needles):

1st and every round: K.

STOCKING STITCH:

1st row: RSF, one row K.

2nd row: WSF, one row P.

Rep these 2 rows.

DROP STITCH ROUND (DSR):

K in every st winding the yarn twice round the needle. In the following round the extra loop is dropped forming a long stitch.

SOCKS (Make 2):

Using a set of 3mm double pointed needles and Picot edge-cast on method (SEE STS USED), cast on 60sts onto needle. Take care not to twist the work. K1 row dividing the sts as follows. **1st needle:** 20sts, **2nd needle:** 21sts, **3rd needle:** 19sts. Join the work, place a marker at the end of round if desired, and work in Fancy rib patt (SEE STS USED) until work measures 15cm. Change to 2,5mm double pointed needles and work in st st for 5cm. Increase 1 st at beg and end of next round = 62sts. **SHAPE HEEL:** Work first 15sts of round, sl last 16sts of previous round onto the same needle. Divide the rem sts onto other two needles and leave from instep. Working on the first 31sts and two needles work as follows: **1st row:** WSF, sl1, p1, to last st, k1. **2nd row:** RSF, *(sl 1 PW, k1), rep from * to end. Rep these 2 rows 11 times more and then 1st row once more, ending with a WSR. Turning the heel: Still working on the same 31sts and 2 needles. **1st row:** Sl1, k2Osts, k2tog, k1, turn. **2nd row:** Sl1, p12sts, p2tog, k1, turn. **3rd row:** Sl1, k13sts, k2tog, k1, turn. Cont in this way, working 1 st more before each dec.until 21sts rem. Note the K1 after decs will not be worked on last 2 rows – these rows end k2tog/p2tog. Sl31sts for instep onto one needle. RSF, using 1st needle k21sts heel sts, pick up and K12sts along side of heel. Using 2nd needle, k across 31sts of instep. Using 3rd needle, pick up and k12sts along side of heel, then 10sts from 1st needle = 76sts. There should be 23sts on 1st needle, 31sts on 2nd needle and 22sts on 3rd needle. End of the round is now in the centre of heel. **INSTEP: 1st round:** K. **2nd round:** K to last 2sts on 1st needle, 2nd needle k all sts, 3rd needle k2tog tbl k to end. Rep these 2 rounds until 60sts rem. Arrange sts so there are 15sts on 1st and 3rd needles and 30sts on the 2nd needle. Work in st st until work measures 18cm from back of heel. Size can be adjusted here just remember to add 4cm from the toe shaping. **SHAPE TOE: 1st round:** 1st needle: K to last 3sts, k2tog, k1. 2nd needle: K1, SKPO, k to last 3sts, k2tog, k1. 3rd needle: K1, SKPO, k to end. **2nd round:** K all sts. Rep these 2 rounds until 28sts rem. Ending with 1st round, k to end of 1st needle. Divide sts equally onto two needles and graft sts together.

SNOOD:

Using a 3,25mm circular needle and C, cast on 130sts and k12 rounds. **Next round:** Using A, k. **Next round:** DSR (SEE STS USED). **Next round:** K. **Next 2 rounds:** Using B, k. **Next round:** DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next round:** K. **Next round:** Using C, k1. **Next round:** DSR. **Next 5 rounds:** Using A, k. **Next round:** Using D, DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next round:** Using C, k. **Next round:** DSR. **Next round:** K. **Next round:** Using A, k. **Next round:** Using C, DSR. **Next 3 rounds:** Using A, k. **Next round:** DSR. **Next round:** K. **Next 3 rounds:** Using B, k. **Next round:** DSR. **Next round:** K. **Next round:** DSR. **Next round:** K. **Next 2 rounds:** Using D, k. **Next round:** DSR.

Next 2 rounds: K. **Next round:** Using C, DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next round:** Using A, k. **Next round:** DSR. **Next round:** K. **Next round:** DSR. **Next round:** Using C, k1. **Next round:** DSR. **Next round:** K. **Next 2 rounds:** Using D, k. **Next round:** DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next round:** K. **Next round:** Using B, k. **Next round:** DSR. **Next 5 rounds:** Using A, k. **Next round:** Using D, k. **Next round:** DSR. **Next round:** K. **Next round:** Using B, DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next 2 rounds:** K. **Next round:** DSR. **Next round:** Using C, k. **Next round:** DSR. **Next 3 rounds:** Using A, k. **Next round:** DSR. **Next round:** K. **Next 3 rounds:** Using D, k. **Next round:** DSR. **Next round:** K. **Next round:** DSR. **Next round:** K. **Next round:** Using B, k. **Next round:** DSR. **Next 3 rounds:** K. **Next 8 rounds:** Using A, k. Cast off loosely.

TO MAKE UP:

Weave end along corresponding colour taking care not to cut ends too short or pull the joining stitches too tightly.

GLOVES:

Gloves are worked from elbow to hand and on straight needles.

LEFT HAND:

Using 3mm needles cast on 58sts. Beg with p1, work 9 more sts in Single rib patt (SEE STS USED), p3, Work 1st row of Lace pattern (SEE STS USED) over next 11sts, p3, beg with k1 and work 30 more sts in single rib patt. Work sts as now set and rep the lace pattern, work until work measures 15cm. Change to 2,5mm needles and work for 16cm. Rib 4 rows, then cast off all sts.

RIGHT HAND:

Work as for left hand, but set the sts as follows: Work 31sts single rib (beg, with k1), p3, work 1st row of Lace pattern; p3, rib last 10sts beg with k1.

TO MAKE UP:

Sew up side seam leaving a slit for the thumb.

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

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