

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

AE-3004



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www.africanexpressions.co.za**

CABLED PULLOVER

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 87cm and shown on a size 87cm model.

Pattern and Design by Marelle Hurter

MATERIALS: LOVE (50g balls)
 PULLOVER: 8(9;10;11;12;13;14) balls 3109
 SHORT COLLAR SCARF: 4 balls 3109.
 LONG COLLAR SCARF: 5 balls 3109
 One pair each 5,5mm and 6mm knitting needles.
 One cable needle.
 One stitch holder.

MEASUREMENTS:

To fit Bust: 82(87;92;97;102;107;112)cm
 Actual all round measurement of garment: Bust: 88(93;100;105;110;115;120)cm
 Length to shoulder: 60(65;68;70;73;74;75)cm.
 Sleeve seam: 43(45;46;47;47;48;48)cm.
 THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.

15sts and 21 rows = 10cm over reversed stocking stitch using 6mm needles.
 FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.
 IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;
 IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **C20(B)F** = slip next 10sts onto a cable needle and leave at (back) or front of work, knit next 10sts from left-hand needle, then knit sts from cable needle; **dec** = decrease; **fol(s)**

= follow(s)ing; **inc(s)** = increase(s); **k** = knit; **patt(s)** = pattern(s); **p** = purl; **rem** = remain(ing); **rep** = repeat; **rev** = reverse; **rev st st** = reverse stocking stitch, purl side as right side; **R(W)S** = right(wrong) side; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong) side row; **RW** = ribwise; **st(s)** = stitch(es); **tog** = together.

STITCHES USED:

SINGLE RIB PATTERN (worked over an uneven number of sts):
1st row: *K1, p1, rep from * to end.
2nd row: *P1, k1, rep from * to end.
 Rep these 2 rows.
 REVERSE STOCKING STITCH:
1st row: RSF, p.
2nd row: WSF, k.
 Rep these 2 rows.
 30-ST CABLE PATTERN (worked over 30sts and rev st st):
1st row: RSF, k30sts.
2nd row: P30sts.
3rd to 6th row: Work as 1st and 2nd rows.
7th row: K10sts, C20B.
8th row: P30sts.
9th to 14th row: Work as 1st and 2nd rows.
15th row: C20F, k10sts.
16th row: P30sts.
 Rep these rows.

BACK:

Using 5,5mm needles cast on 79(83;89;93;97;99;103)sts and work in single rib patt for 7cm ending with a RSR. **Next row, inc row:** Work one row on WS, inc 45sts evenly

across row = 124(128;134;138;142;144;148)sts. Change to 6mm needles and work in patt as folls: P9(11;14;16;18;19;21)sts, k1, p2, work 1st row of 30-st Cable patt (SEE STS USED), *p2, k1, p2, work 1st row of 30-st Cable patt*, rep from * to * once more, p2, k1, p9(11;14;16;18;19;21) sts. **Next row:** K9(11;14;16;18;19;21)sts, p1, k2, work 2nd row of 30-st Cable patt, **k2, p1, k2, work 2nd row of 30-st Cable patt**, rep from ** to ** once more, k2, p1, k9(11;14;16;18;19;21) sts. Cont straight in patt as now set and when work measures 42(46;48;49;51;51;51)cm from beg ending with a WSR, **SHAPE ARMHOLES:** Cast off 3(3;3;3;4;4;4)sts at beg of next 2 rows, 2sts at beg of every foll 2(2;4;6;6;6) rows, then dec 1 st (= work 2tog) at each end of every foll alt row 3(3;3;2;2;3;3) times = 108(112;114;116;118;118;122)sts. Cont straight and when work measures 60(65;68;70;73;74;75) cm from beg ending with a WSR, cast off all sts. Mark centre 54(54;58;58;58;58;58)sts with a coloured thread for neck opening.

FRONT:

Work as for back and when work measures 50(55;57;59;61;62;62)cm from beg ending with a WSR, **SHAPE NECK:** Work 40(41;41;41;42;42;44)sts and leave these sts on a holder, cast off centre 28(30;32;34;34;34;34) sts for front opening and cont on rem sts for left side of work. **LEFT SIDE:** Work one row. Cast off 5sts at beg (neck edge) of next row, 3sts at same edge of foll alt row, 2sts at beg of foll alt row 2(1;1;1;1;1;1) times, then dec 1 st (= work 2tog) at beg of foll alt row 1(2;2;2;2;2) times = 27(29;29;29;30;30;32)sts. Cont straight and when work measures 60(65;68;70;73;74;75)cm from beg ending with a WSR, cast off all sts. **RIGHT SIDE:** WSF, rejoin yarn at neck edge, pick up sts from holder and work as for left side, rev shaping.

SLEEVES (Both Alike):

Using 5,5mm needles cast on 35(37;37;41;41;43;43)sts and work in single rib patt for 7cm ending with a WSR. Change to 6mm needles and work in rev st st, inc 1 st at each end of every foll 8(8;8;8;6;6;6)th row 0(8;2;5;4;7;7) times, then every foll 10(10;8;10;8;8;8)th row 7(1;8;4;7;5;5) times = 49(55;57;59;63;67;67) sts. Cont straight and when work measures 43(45;46;47;47;48;48)cm from beg ending with a WSR, **SHAPE TOP OF SLEEVE:** Cast off

3(3;3;3;4;4;4)sts at beg of next 2 rows, 2sts at beg of every foll 6(8;8;8;6;8;8) rows, then dec 1 st (= work 2tog) at each end of every foll alt row 7(4;5;7;8;6;6) times, then 1 st at each end of every foll row 3(7;7;5;7;9;9) times = 11(11;11;13;13;13;13)sts. Cast off rem sts.

TO MAKE UP:

Sew right shoulder seam. **NECKBAND:** RSF, using 5,5mm needles, pick up and k56(56;62;62;64;68;70)sts around neck opening of front and 27(27;29;29;29;31;31)sts across back neck = 83(83;91;91;93;99;101)sts. Work in single rib patt for 3cm ending with a WSR, cast off all sts RW. Sew left shoulder seam and neckband ends. Set in sleeves. Sew up side and sleeve seams.

SHORT COLLAR-SCARF:

Using 6mm needles cast on 142sts and work in patt as folls: *P2, k1, p2, work 1st row of 30-st Cable patt*, rep from * to * 3 times more, p2. **Next row:** K2, **work 2nd row of 30-st Cable patt, k2, p1, k2**, rep from ** to ** 3 times more. Cont straight in patt as now set and when work measures 80cm from beg ending with a WSR, cast off all sts in patt.

TO MAKE UP:

RS to inside, sew cast on and cast off edges tog. Fold RS to inside in length and sew edges tog, leaving an opening. Turn inside out through opening, then slip st opening close.

LONG COLLAR-SCARF:

Using 6mm needles cast on 72sts and work in patt as folls: *P2, k1, p2, work 1st row of 30-st Cable patt*, rep from * to * once more, p2. **Next row:** K2, **work 2nd row of 30-st Cable patt, k2, p1, k2**, rep from ** to ** once more. Cont straight in patt as now set and when work measures 160cm from beg ending with a WSR, cast off all sts in patt.

TO MAKE UP:

RS to inside, sew cast on and cast off edges tog. Fold RS to inside in length and sew edges tog, leaving an opening. Turn inside out through opening, then slip st opening close.