

KNITTING TIPS AND GARMENT CARE

AFRICAN EXPRESSIONS



Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERTIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

More downloadable patterns available from www.africanexpressions.co.za







LACE TOP

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 87cm and shown on a size 87cm model.

Pattern and Design by Marelie Hurter

MATERIALS: HOPE (25g balls)

4(4;5;5;6;6) balls 6132.

One pair 3,25mm knitting needles. One 3,25mm circular needle.

MEASUREMENTS:

To fit Bust: 77(82;87;92;97;102)cm
Actual all round measurement of garment:
Bust: 88(93;100;105;110;115)cm
Length to shoulder: 37(38;39;40;40;41)cm.
Sleeve seam: 46(47;48;49;50;51)cm
THE INSTRUCTIONS ARE GIVEN FOR
THE SMALLEST SIZE, WITH THE LARGER
SIZES IN BRACKETS; WHERE ONLY ONE
FIGURE IS GIVEN, IT APPLIES TO ALL
SIZES.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.

26sts and 40 rows = 10cm over stocking stitch using 3,25mm needles.

FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.
IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;
IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; beg = begin(ning); cont =
continue; dec = decrease; foll(s) = follow(s)
ing; inc(s) = increase(s); k = knit; patt(s) =
pattern(s); p = purl; rem = remain(ing); rep =

repeat; rev = reverse; R(W)S = right(wrong) side; R(W)SF = right(wrong) side facing; R(W)SR = right(wrong) side row; st(s) = stitch(es); SKPO = slip one, knit one, pass slipped stitch over; tog = together; yfd = yarn forward.

STITCHES USED:

DOUBLE RIB PATTERN (Worked over 4 sts + 2):

1st row: K2, *p2, k2, rep from * to end. **2nd row:** P2, *k2, p2, rep from * to end.

Rep these 2 rows.

ZIG ZAG EYELET PATTERN:

1st row: RSF, k6, *yfd, SKPO, k9, rep from * to last 3 sts, k3.

2nd and every alt row: P.

3rd row: K7, *yfd, SKPO, k9, rep from * to last 2sts, k2.

5th row: K3, *k2tog, yfd, k3, yfd, SKPO, k4, rep from * to last st, k1.

7th row: *K2, k2tog, yfd, k5, yfd, SKPO, rep from * to end.

9th row: K1, *k2tog, yfd, k9, rep from * to last 8sts. k8.

11th row: *K2tog, yfd, k9, rep from * to end. **12th row:** P. Repeat these 12 rows.

BACK:

Using 3,25mm needles cast on 110(118;130;142;142;154)sts and work in double rib patt for 3cm ending with a RSR.

Next row, inc row: Work one row on WS, inc 0(3:2:1:1:0)sts evenly across row = 110(121;132;143;143;154)sts. Now work in Zig zag eyelet patt (SEE STS USED) and when work measures 20(20;21;21;21;22) cm from beg ending with a WSR, SHAPE ARMHOLES: Cast off 5(5;6;6;7;7)sts at beg of next 2 rows, 2sts at beg of every foll 3(6;8;12;8;12) rows, then dec 1 st (= work 2tog) at each end of every foll alt row 2(3:3:2:5:3) times = 90(93:98:103:103:110)sts. Cont straight in patt and when work measures 37(38:39:40:40:41)cm from beg ending with a WSR, SHAPE SHOULDERS: Cast off 5(6;6;7;7;8)sts at beg of next 4 rows, then 6(5;7;6;6;7)sts at beg of foll 2 rows = 58(59;60;63;63;64)sts. Cast off rem sts for neck opening.

RIGHT FRONT:

Work as for back until work measures 5cm from beg ending with a WSR. Cont in Zig zag eyelet patt, cast off 5(5;6;7;7;7)sts at beg of next row, 5(5;5;6;6;6)sts at same edge of foll alt row, 5sts at beg of every foll alt row 2(3;4;5;5;6) times, 4sts at beg of foll alt row once, 3sts at beg of foll alt row once, 2sts at beg of every foll alt row 8 times, then dec 1 st (= work 2tog) at beg of every foll alt row 41(42;42;42;43) times. AT THE SAME TIME when work measures 20(20;21;21;22)cm from beg ending with a RSR, SHAPE ARMHOLE as for one side of back. Cont shaping as before and when work measures 37(38;39;40;40;41) cm from beg ending with a RSR, SHAPE **SHOULDER:** Cast off 5(6;6;7;7;8)sts at beg of next and foll alt row = 6(5;7;6;6;7)sts. Cast off rem sts.

LEFT FRONT:

Work as for right front, rev shapings.

SLEEVES (Both Alike):

Using 3,25mm needles cast on 62(62;62;74;74;74)sts and work in double rib patt for 3cm ending with a RSR. **Next row. inc row:** Work one row on WS.

inc 4(4;4;3;3;3)sts evenly across row = 66(66;66;77;77;77)sts. Now work in Zig zag eyelet patt for 2cm ending with a WSR. Cont in patt, inc 1 st at each end of next and every foll 12(10;8;10;8;8)th row 11(15;11;10;7;20) times in all, then every foll 14(12;10;12;10;10)th row 2(1;8;6;12;2) times = 92(98:104:109:115:121)sts. Cont straight and when work measures 46(47;48;49;50;51)cm from beg ending with a WSR, SHAPE TOP OF SLEEVE: Cast off 5(5;6;6;7)sts at beg of next 2 rows, 2sts at beg of foll 4(4;4;4;6;6) rows, then dec 1 st at each end of every foll alt row 14(15;16;17;18;16) times, then 1 st at each end of every foll row 14(15;16;17;16;20) times = 18(20;20;21;23;23)sts. Cast off rem sts.

TO MAKE UP:

Sew shoulder seams. **FRONTS AND BACK BANDS**: Using a 3,25mm circular neede, pick up and k136(145;155;165;165;175)sts (= 33sts per 10cm) evenly along right front, 58(60;60;64;64;64)sts across back neck and 136(145;155;165;165;165)sts down left front = 330(350;370;394;394;414)sts. Work in double rib patt, beg with p2, for 3cm ending with a WSR. Cast off all sts RW. Set in sleeves. Sew up side and sleeve seams. Knot left and right side panels together at centre front.

