

## COSY PULLOVER

**IMPORTANT NOTE:** Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garments worked in size 87cm and shown on a size 87cm model.

Pattern and Design by Marelle Hurter.

### MATERIALS:

HARMONY (50g balls)

14(15;16;17;18) balls, Col. 2000

One pair each 4.5mm and 5.5mm knitting needles. One stitch holder. One cable needle.

### MEASUREMENTS:

To fit Bust: 87(92;97;102;107)cm

Actual all round measurement of garment:

Bust: 94(100;104;108;112)cm

Length to shoulder: 66(68;70;72;74)cm

Sleeve seam: 44(45;46;47;48)cm

THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

### TENSION: SAVE TIME, TAKE TIME, CHECK TENSION

18sts and 23 rows = 10cm over Stocking Stitch using 5,5mm needles.

FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.

IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;

IF THERE ARE TOO MANY STS, USE THICKER NEEDLES

### ABBREVIATIONS:

**alt** = alternate; **beg** = begin(ning); **cont** = continue; **C6B** = slip next 3sts onto cable needle and hold at back of work, knit next 3sts from left-hand needle, then knit sts from cable needle; **C8(B)F** = slip next 4sts onto cable needle and hold at (back)front of work, knit next 4sts from left-hand needle, then knit sts from cable needle; **dec** = decrease; **fol** = follow(ing); **inc(s)** = increase; **k** = knit; **patt(s)** = pattern(s);

**p** = purl; **rem** = remain(ing); **rep** = repeat; **rev** = reverse; **R(W)S** = right(wrong) side; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong) side row; **RW** = ribwise; **st(s)** = stitch(es); **st st** = stocking stitch; **tog** = together; **T4R** = slip next st onto cable needle and hold at back of work, knit next 3sts from left-hand needle, then purl stitch from cable needle; **T4L** = slip next 3sts onto cable needle and hold at front of work, purl next stitch from left-hand needle, then knit stitches from cable needle.

### STITCHES USED:

#### FANCY RIB PATTERN:

**1st row:** \*P2, k4, rep from \* to last 2sts, p2.

**2nd row:** \*K2, p4, rep from \* to last 2sts, k2. Rep these 2 rows.

#### STOCKING STITCH:

**1st row:** RSF, one row K.

**2nd row:** WSF, one row P. Rep these 2 rows.

#### 16-ST CABLE (Worked over 16sts):

**1st row:** P4, T4R, T4L, p4.

**2nd row:** K4, p3, k2, p3, k4.

**3rd row:** P3, T4R, p2, T4L, p3.

**4th row:** K3, p3, k4, p3, k3.

**5th row:** P2, T4R, p4, T4L, p2.

**6th row:** K2, p3, k6, p3, k2.

**7th row:** P1, T4R, p6, T4L, p1.

**8th row:** K1, p3, k8, p3, k1.

**9th row:** T4R, p8, T4L.

**10th row:** P3, k10, p3.

**11th row:** T4L, p8, T4R.

**12th row:** K1, p3, k8, p3, k1.

**13th row:** P1, T4L, p6, T4R, p1.

**14th row:** K2, p3, k6, p3, k2.

**15th row:** P2, T4L, p4, T4R, p2.

**16th row:** K3, p3, k4, p3, k3.

**17th row:** P3, T4L, p2, T4R, p3.

**18th row:** K4, p3, k2, p3, k4.

**19th row:** P4, T4L, T4R, p4.

**20th row:** K5, p6, k5.

**21st row:** P5, C6B, p5.

**22nd row:** K5, p6, k5.

Rep these 22 rows.

#### 12-ST PLAIT (Worked over 12sts):

**1st row:** RSF, k.

**2nd and every alt row:** P.

**3rd row:** C8F, k4.

**5th and 7th row:** K.

**9th row:** K4, C8B.

**11th row:** K.

**12th row:** P.

Rep these 12 rows.

#### BACK:

Using 4.5mm needles cast on 104(110;116;116;122)sts and work in Fancy Rib patt (SEE STS USED) for 5(6;6;7;7)cm ending with a WSR. Change to 5,5mm needles and cont straight in st st until work measures 19(20;20;21;22)cm from beg ending with a WSR. **Now work plait and cable patt as folls:** K20(23;26;26;29)sts, p2, k2, p2, work 1st row of 12-st plait (SEE STS USED), p2, k2, p2, work 1st row of 16-st cable patt (SEE STS USED), p2, k2, p2, work 1st row of 12-st plait, p2, k2, p2, k20(23;26;26;29)sts. **Next row:** P20(23;26;26;29)sts, k2, p2, k2, work 2nd row of 12-st plait, k2, p2, k2, work 2nd row of 16-st cable patt, k2, p2, k2, work 2nd row of 12-st plait, k2, p2, k2, p20(23;26;26;29)sts. Cont straight in patt as now set and when work measures 39(40;41;42;43)cm from beg ending with a WSR, **SHAPE ARMHOLES:** Cast off 3(4;4;5;5) sts at beg of next 2 rows, 2sts at beg of foll 4 rows, then dec 1 st (= work 2tog) at each end of next and every foll alt row 4(4;5;4;6) times in all = 82(86;90;90;92)sts. Cont straight and when work measures 66(68;70;72;74)cm from beg ending with a WSR, **SHAPE SHOULDERS:** Cast off 8(9;9;9;9)sts at beg of next 4 rows, then 9(9;10;10;10)sts at beg of foll 2 rows = 32(32;34;34;36)sts. Cast off rem sts for neck opening.

#### FRONT:

Work as for back and when work measures 56(58;60;62;64)cm from beg ending with a WSR, **SHAPE NECK:** Work 33(35;37;37;38) sts and leave on a holder, cast off centre 16sts for neck opening and cont on rem sts for left side of work. **LEFT SIDE:** Work one row. Cast off 3sts at beg (neck edge) of next row, 2sts at same edge of foll alt row twice, then dec 1 st (= work 2tog) at beg of foll alt row 1(1;2;2;3) times = 25(27;28;28;28)sts. Cont straight and when work measures 66(68;70;72;74)cm from beg ending with a RSR, **SHAPE SHOULDER:** Cast off 8(9;9;9;9)sts at beg of next and at same edge of foll alt row = 9(9;10;10;10)sts. Work one row, then cast off rem sts to complete shoulder slope. **RIGHT SIDE:** WSF, rejoin yarn at neck edge, pick up sts from holder and work as for left side, rev shaping.



#### SLEEVES (Both Alike):

Using 4.5mm needles cast on 32(38;38;44;44) sts and work in Fancy Rib patt 5(6;7;8;8)cm ending with a WSR. Change to 5,5mm needles and cont in st st, inc 1 st at each end of next and every foll 4th row 18(12;15;9;10) times in all, then every foll 6th row 2(6;4;8;8) times = 72(74;76;78;80)sts. Cont straight and when

work measures 44(45;46;47;48)cm from beg ending with a WSR, **SHAPE TOP OF SLEEVE:** Cast off 3(4;4;5;5)sts at beg of next 2 rows, 2sts at beg of foll 10(10;8;8;8) rows, then dec 1 st at each end of next and every foll alt row 12(12;15;15;16) times in all. Cast off 3sts at beg of next 4 rows = 10sts. Cast off rem sts.

## TO MAKE UP:

Sew right shoulder seam. **NECKBAND:** RSF, using 4,5mm needles, pick up and k60(60;64;64;68)sts around neck opening of front and 26(26;28;28;30)sts across back neck = 86(86;92;92;98)sts. WSF, work in Fancy Rib patt, beg with k2, for 5cm ending with a WSR, cast off all sts RW. Sew left shoulder seam and neckband ends. Set in sleeves. Sew up side and sleeve seams. Block garment to measurement, cover with a damp cloth and allow to dry.

## Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

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## KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

## Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

