

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

AE 2003



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www.africanexpressions.co.za**

CARDIGAN WITH A DIFFERENCE

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 87cm and shown on a size 87cm model.

Pattern and Design by Marelle Hurter

MATERIALS: HARMONY (50g balls) 12(13;14;15;16) balls 2027; 7 buttons. One pair each 4,5mm and 5,5mm knitting needles. One 4,5mm circular needle. One cable needle.

MEASUREMENTS:

To fit Bust: 87(92;97;102;107)cm
Actual all round measurement of garment: Bust: 94(100;104;108;112)cm
Length to shoulder: 55(56;57;58;59)cm without ribbing.
Sleeve seam: 44(45;46;47;48)cm
THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION. 18sts and 23 rows = 10cm over stocking stitch using 5,5mm needles.
FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION. IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES; IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **C8B** = slip next 4sts onto cable needle and hold at back of work, knit next 4sts from left-hand needle, then knit 4sts from cable needle; **dec** = decrease; **folll(s)** = follow(s)ing; **k** = knit; **m st** = moss stitch; **patt(s)** = pattern(s); **p** = purl; **RW** = ribwise; **rem** = remain(ing); **rep** = repeat; **rev** = reverse; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong)

side row; **st(s)** = stitch(es); **st st** = stocking stitch; **tog** = together.

STITCHES USED:

STOCKING STITCH:

1st row: RSF, one row K.

2nd row: WSF, one row P.

Rep these 2 rows.

DOUBLE RIB PATTERN:

1st row: K2, *p2, k2, rep from * to end.

2nd row: P2, *k2, p2, rep from * to end.

Rep these 2 rows.

MOSS STITCH:

1st row: *K1, p1, rep from * to end.

Next and every foll row: K the psts and p the ksts.

8-ST CABLE PATTERN (worked over 8sts):

1st row: K.

2nd row: P.

3rd and 4th row: Work as 1st and 2nd rows.

5th row: C8B.

6th row: P.

Rep these 6 rows.

BACK:

Using 5,5mm needles cast on 86(90;94;98;102)sts and cont straight in st st and when work measures 28cm from beg ending with a WSR, **SHAPE ARMHOLES:** Cast off 3(4;4;5;5)sts at beg of next 2 rows, 2sts at beg of foll 4 rows, then dec 1 st (= work 2tog) at each end of next and every foll alt row 4(4;5;5;6) times in all = 64(66;68;70;72) sts. Cont straight and when work measures 55(56;57;58;59)cm from beg ending with a WSR, **SHAPE SHOULDERS:** Cast off 10(10;10;11;11) sts at beg of next 2 rows, 10(11;11;11;11)sts at beg of foll 2 rows = 24(24;26;26;28)sts. Cast off rem sts for neck opening.

LEFT FRONT:

Using 5,5mm needles cast on 25(27;29;31;34)sts and work in st st for 3 rows. **SHAPE EDGE:** WSF, cast on 2sts at beg of next and at same edge of every foll alt row 5 times in all, then 1 st at beg of every foll alt row 7 times = 42(44;46;48;51) sts. Now cont straight in st st and when work measures 28cm from straight edge ending with a WSR, **SHAPE ARMHOLE** as for one side of back = 31(32;33;34;36)sts. Cont straight in st st and when work measures 31cm from straight edge ending with a RSR, **SHAPE V-NECK:** Dec 1 st (= work 2tog) at beg (neck edge) of next and at same edge of every foll 4th row 11(10;12;11;13) times in all, then every foll 6th row 0(1;0;1;1) times = 20(21;21;22;22)sts. Cont straight and when work measures 55(56;57;58;59)cm from straight edge ending with a RSR, **SHAPE SHOULDER:** Cast off 10(10;10;11;11)sts at beg of next row = 10(11;11;11;11)sts. Cast off rem sts for shoulder.

RIGHT FRONT:

Work a left front, rev shapings.

SLEEVES (Both Alike):

Using 5,5mm needles cast on 34(36;36;38;40)sts and work in st st, inc 1 st at each end of every foll 4th row 9(8;10;8;7) times, then every foll 6th row 10(11;10;12;13) times = 72(74;76;78;80)sts. Cont straight and when work measures 44(45;46;47;48) cm from beg ending with a WSR, **SHAPE TOP OF SLEEVE:** Cast off 3(4;4;5;5)sts at beg of next 2 rows, 2sts at beg of foll 10(10;8;8;8) rows, then dec 1 st at each end of next and every foll alt row 12(12;15;15;16) times in all. Cast off 3sts at beg of foll 4 rows = 10sts. Cast off rem sts.

LEFT COLLAR:

Using 4,5mm needles cast on 29(33;33;37;37)sts and work in m st pat for 3cm ending with a WSR, **SHAPE COLLAR:** Dec 1 st (= work 2tog) at beg of next and at same edge of every foll row 7 times in all, then every foll alt row 7 times = 15(19;19;23;23) sts. Cast off rem sts. **RIGHT COLLAR:** Work as for left collar. **BACK COLLAR:** Using 4,5mm needles cast on 63(63;63;63;67)sts and work in m st patt for 8(11;11;13;13)cm ending with a WSR, cast off all sts.

CUFFS (Make 2):

*Using 5,5mm needles cast on 2sts and work in m st, inc 1 st at each end of every foll row 4 times, then every foll alt row 5 times = 20sts. Work 2 rows straight in m st. **Now work in cable and moss st patt as folls:** Moss st 5sts, p1, work 1st row of 8-st Cable patt (SEE STS USED) , p1, moss st 5sts.

Next row: Moss st 5sts, k1, work 2nd row of 8-st cable patt, k1, moss st 5sts*. Cont straight in patt as now set and when work measures 23(25;25;26;27) cm from beg ending with a WSR. **Work 2 rows straight in m st. **Next row, buttonhole row:** M st 2tog, m st 5sts, cast off 4sts, m st to last 2sts, work 2tog. **Next row:** M st 2tog, m st to buttonhole, cast on 4sts over buttonhole, work to last 2sts, work 2tog. Cont in m st patt, dec 1 st, at each end of every foll row twice, then dec 1 st at each end of every foll alt row 5 times = 2sts. Cast off rem sts.

BELT (Make 1):

Work as for cuffs from * to *. Cont straight in patt as now set and when work measures 88(94;98;102;106)cm (or desired length) from beg ending with a WSR. Now work as for cuffs from ** to end.

TO MAKE UP:

Sew shoulder seams. Set in sleeves. Sew up side and sleeve seams. **FRONTS AND BACK TRIM:** RSF, using a 4,5mm circular needle, pick up and k40sts down straight edge of left front, 19sts around curved edge, 25(27;29;31;35)sts across straight edge of left front, 86(90;94;98;102) sts across bottom of back edge, 25(27;29;31;35) sts across bottom straight edge of right front, 19sts around curved edge and 40sts up right front edge = 254(262;270;278;290)sts. Work in double rib patt, beg with p2, for 2 rows. **Next row, buttonhole row:** Rib 2sts, cast off 2sts, *rib 9sts, cast off 2sts, rep from * twice more (= 4 buttonholes), rib to end of row. **Next row:** Rib, cast on 2sts over each buttonhole. Work 3 more rows in double rib patt, then cast off all sts RW. **COLLAR:** Sew side edges of back collar to long side edges of right and left collar. WSF, sew narrow edge of left and right collar to front bands. Sew collar to fronts and back neck line. Turn collar to outside. Sew cuffs on top of sleeve at bottom of hem. Buttonhole must be in front. Sew on buttons. Fasten belt around waist.

