

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

AE 2002



**More downloadable patterns available from
www.africanexpressions.co.za**

BEANIE AND SCARF FOR HIM AND HER

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garments worked in one size only.

Pattern and Design by Marelle Hurter

MATERIALS: HARMONY (50g balls)

Beanie: Lady: 2 balls Maroon 2044 A and 1 ball Navy 2095 B; one button.

Beanie: Man: 2 balls A Navy 2095.

Scarf: Lady: 5 balls Maroon 2044.

Scarf: Man: 5 balls Navy 2095.

One pair 5,5mm knitting needles.

One cable needle.

MEASUREMENTS:

Beanie: To fit average lady or man.

Scarf: 16cm x 200cm.

THE INSTRUCTIONS ARE GIVEN FOR THE ONE SIZE ONLY.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.

18sts and 23 rows = 10cm over stocking stitch using 5,5mm knitting needles.

FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.

IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;

IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **C4B** = slip next 2sts onto cable needle and hold at back of work, knit next 2sts from left-hand needle, then k2sts from cable needle; **C6B** = slip next 3sts onto cable needle and hold at back of work, knit next 3sts from left-hand needle, then k3sts from cable needle; **fol(s)** = follow(s)ing; **k** = knit; **patt(s)** = pattern(s); **p** = purl; **rem** = remain; **rep** = repeat; **R(W)SF** =

right(wrong) side facing; **R(W)SR** = right(wrong) side row; **rev st st** = reversed stocking stitch, purl side as right side; **st(s)** = stitch(es); **st st** = stocking stitch; **tog** = together; **T4L** = slip next 3sts onto cable needle and hold at front of work, purl next st from left-hand needle, then k3sts from cable needle; **T4R** = slip next st onto cable needle and hold at back of work, knit next 3sts from left-hand needle, then purl st from cable needle.

STITCHES USED:

4 ST-CABLE PATTERN (worked over 4 sts):

1st row: K.

2nd row: P.

3rd row: C4B.

4th row: P.

Rep these 4 rows.

DIAMOND PATTERN (worked over 16sts):

1st row: RSF, p5, k6, p5.

2nd row: K5, p6, k5.

3rd row: P5, C6B, p5.

4th row: K5, p6, k5.

5th row: P4, T4R, T4L, p4.

6th row: K4, p3, k2, p3, k4.

7th row: P3, T4R, p2, T4L, p3.

8th row: K3, p3, k4, p3, k3.

9th row: P2, T4R, p4, T4L, p2.

10th row: K2, p3, k6, p3, k2.

11th row: P1, T4R, p6, T4L, p1.

12th row: K1, p3, k8, p3, k1.

13th row: T4R, p8, T4L.

14th row: P3, k10, p3.

15th row: T4L, p8, T4R.

16th row: Work as 12th row.

17th row: P1, T4L, p6, T4R, p1.

18th row: Work as 10th row.

19th row: P2, T4L, p4, T4R, p2.

20th row: Work as 8th row.

21st row: P3, T4L, p2, T4R, p3.

22nd row: Work as 6th row.

23rd row: P4, T4L, T4R, p4.

24th to 26th rows: Work as 2nd to 4th rows.

27th and 28th rows: Work as 1st and 2nd rows.

Rep these 28 rows.

REVERSED STOCKING STITCH:

1st row: RSF, one row P.

2nd row: WSF, one row K.

Rep these 2 rows.

STOCKING STITCH:

1st row: RSF, one row K.

2nd row: WSF, one row P.

Rep these 2 rows.

BEANIE:

Using 5,5mm needles and A, cast on 98sts and work in patt as follows: **1st row:** P7, work 1st row of 4-st Cable patt (SEE STS USED), p11, work 1st row of 4-st Cable patt, p4, k2, work 1st row of Diamond patt, k2, p4, work 1st row of 4-st Cable patt, p11, work 1st row of 4-st Cable patt, p4, k2, work 1st row of Diamond patt, k3. **2nd row:** P3, work 2nd row of Diamond patt, p2, k4, work 2nd row of 4-st Cable patt, k11, work 2nd row of 4-st cable patt, k4, p2, work 2nd row of Diamond patt, k11, work 2nd row of 4-st Cable patt, p7. Cont straight in patt as now set and when work measures 15cm from beg ending with a WSR, **SHAPE CROWN: 1st row:** Work 1 st, (patt 6sts, work 2tog) 12 times, work 1 st = 86sts. **2nd and every alt row:** Work in patt as before. **3rd row:** Work 1 st, (patt 5sts, work 2tog) 12 times, work 1 st = 74sts. **5th row:** Work 1 st, (patt 4sts, work 2tog) 12 times, work 1 st = 62sts. **7th row:** Work 1 st, (patt 3sts, work 2tog) 12 times, work 1 st = 50sts. **9th row:** Work 1 st, (patt 2sts, work 2tog) 12 times, work 1 st = 38sts. **11th row:** Work 1 st, (patt 1 st, work 2tog) 12 times, work 1 st = 26sts. **13th row:** (Patt 2tog) 13 times = 13sts. **15th row:** Work 1 st, (work 2tog) 6 times = 7sts. Break off yarn. Thread through rem sts, pull up tightly, then fasten off.

TO MAKE UP:

Sew side back seam. Block to measurement, cover with a damp cloth and allow to dry. **BIG FLOWER:** Using 5,5mm needles and B, cast on 61sts and work in st st for 4 rows. **Next row:** *K1, cast off 8sts (1 st rem on needle), rep from * to end, k1. Break off yarn. Thread through rem sts, pull up tightly, then fasten off. **SMALL FLOWER:** Using 5,5mm needles and A, cast on 36sts and work in st st for 2 rows. **Next row:** *K1, cast off 5sts (1 st rem on needle), rep from * to end, k1. Break off yarn. Thread through rem sts, pull up tightly, then fasten off. Sew small flower on top of big flower. Sew button in the centre, then sew this flower onto ladies beanie.

SCARF:

Using 5,5mm needles and cast on 40sts and work in patt as follows: **1st row:** K2, p2, work 1st row of 4-st-Cable patt (SEE STS USED), p2, k2, work 1st row of Diamond patt, k2, p2, work 1st row of 4-st Cable patt, p2, k2. **2nd row:** P2, k2, work 2nd row of 4-st Cable patt, k2, p2, work 2nd row of Diamond patt, p2, k2, work 2nd row of 4-st Cable patt, k2, p2. Cont straight in patt as now set and when work measures 200cm from beg ending with a WSR, cast off all sts in patt.

TO MAKE UP:

Block scarf to measurement, cover with a damp cloth and allow to dry.

