

CABLE PULLOVER FOR MEN

CODE: 10.19

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 107cm and shown on a size 107cm model.

Pattern and Design by Marelle Hurter

MATERIALS:

HARMONY (50g balls) 16(17;18;19;20) balls MC10/114. One pair each 5mm and 5,5mm knitting needles. Stitch holder. Cable needle.

MEASUREMENTS:

To fit Bust: 87(92;97;102-107;112)cm
Actual all round measurement of garment:
Chest: 100(107;114;120;127)cm
Length to back neck: 62(66;68;71;73)cm
Sleeve seam: 44(45;45;46;46)cm
THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

TENSION:

SAVE TIME, TAKE TIME, CHECK TENSION. 18sts and 23 rows = 10cm over 2-stitch rib pattern using 5,5mm needles. *FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION. IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES; IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.*

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **C4B(F)** = slip next 2sts onto a cable needle, and hold at back (or front) of work, knit next 2sts from left-hand needle, then knit sts from cable needle; **dec** = decrease; **fol(s)** = follow(s)ing; **inc(s)** = increase(s); **k** = knit; **patt(s)** = pattern(s); **p** = purl; **rem** = remain; **rep** = repeat; **rev** = reverse; **R(W)SF** = right(wrong)

side facing; **R(W)SR** = right(wrong) side row; **RW** = ribwise; **st(s)** = stitch(es); **st st** = stocking stitch; **tog** = together; **T3B** = slip next st onto a cable needle and hold at back of work, k next 2sts from left-hand needle, then p st from cable needle; **T3F** = slip next 2sts onto a cable needle and hold at front of work, p next st from left-hand needle, then k sts from cable needle.

STITCHES USED:

DOUBLE RIB PATTERN:

1st row: RSF, K2, *P2, K2, rep from * to end.

2nd row: WSF, P2, *K2, P2, rep from * to end.

Rep these 2 rows.

2-STITCH RIB PATTERN (worked over a multiple of 4sts + 2):

1st row: K2, *p2, k2, rep from * to end.

Rep this row.

4-ST CABLE (worked over 4sts):

1st row: RSF, k.

2nd row: WSF, p.

3rd row: C4B.

4th row: P.

Rep these 4 rows.

REVERSED STOCKING STITCH:

1st row: RSF, one row P.

2nd row: WSF, one row K.

Rep these 2 rows.

TWISTED AND CROSSED CABLE (worked over 16sts on a background of reversed st st):

1st row: RSF, p2, C4B, p4, C4F, p2.

2nd row: K2, p4, k4, p4, k2.

3rd row: P1, T3B, T3F, p2, T3B, T3F, p1.

4th row: K1, (p2, k2) 3 times, p2, k1.

5th row: (T3B, p2, T3F) twice.

6th row: P2, k4, p4, k4, p2.

7th row: K2, p4, C4B, p4, k2.

8th row: Work as 6th row.

9th row: K2, p4, k4, p4, k2.

10th row: Work as 6th row.

11th row: Work as 7th row.

12th row: Work as 6th row.

13th row: (T3F, p2, T3B) twice.

14th row: Work as 4th row.

15th row: P1, T3F, T3B, p2, T3F, T3B, p1.

16th row: Work as 2nd row.

17th row: Work as 1st row.

18th row: Work as 2nd row.

19th row: Work as 3rd row.

20th row: Work as 4th row.

21st row: P1, (k2, p2) twice, k2, slip last 6sts worked onto cable needle and wrap yarn 4 times anti-clockwise round these 6sts, then slip the 6sts back onto right hand needle, p2, k2, p1.

22nd row: Work as 4th row.

23rd row: Work as 15th row.

24th row: Work as 2nd row.

Rep these 24 rows.

BACK:

Using 5mm needles cast on 78(82;86;94;102) sts and work in double rib patt for 6(7;7;7;7) cm ending with a RSR. **Next row, inc row:** Work one row on WS, inc 18(22;26;26;26)sts evenly across row = 96(104;112;120;128)sts. Change to 5,5mm needles and work in patt as folls: **1st row:** Work 34(38;42;46;50)sts in 2-st Rib patt (SEE STS USED), work 1st row of 4-st cable (SEE STS USED), k2, work 1st row of Twisted and Crossed Cable (SEE STS USED), k2, work 1st row of 4-st Cable, work 34(38;42;46;50)sts in 2-st Rib. **2nd row:** Work 1st row of 34(38;42;46;50)sts in 2-st Rib, 2nd row in 4-st Cable, p2, 2nd row of Twisted and Crossed Cable, p2, work 2nd row of 4st Cable, 1st row of 34(38;42;46;50)sts in 2-st Rib. Cont straight in patt as now set and when work measures 37(40;40;41;41)cm from beg ending with a WSR, **SHAPE RAGLANS:** Keeping patt correct, dec 1 st (= work 2tog) at each end of next and every foll row 14(20;22;22;26) times, then every foll alt row 20(18;20;22;22) times in all = 28(28;28;32;32)sts. Cast off rem sts.

FRONT:

Work as for back, **SHAPE RAGLAN** and **AT THE SAME TIME** when 54(58;58;62;66)sts

rem, ending with a WSR, **SHAPE NECK:** Patt 18(19;19;21;22)sts, turn and complete this side first. ****Cont** raglan shaping as before, **AT THE SAME TIME** dec 1 st (= work 2tog) at beg (neck edge) of next and at same edge of every foll alt row 5(4;4;6;5) times in all = 8(11;11;9;12)sts. Cont raglan decs until 3sts rem. Dec 1 st at neck edge on foll alt row = 2sts. Work 2tog, fasten off. Slip next 18(20;20;20;22)sts at centre onto a holder. WSR, rejoin yarn at neck edge of rem sts and patt to end. Complete as for first side from ** to end.

SLEEVES (Both Alike):

Using 5mm needles cast on 42(42;46;46;50)sts and work in double rib patt for 6(6;7;7;7)cm ending with a RSR. **Next row, inc row:** Work one row on WS, inc 22(22;26;26;22)sts evenly across row = 64(64;72;72;72)sts. Change to 5,5mm needles and work in patt as folls: **1st row:** Work 18(18;22;22;22)sts in 2-st Rib, 1st row of 4-st Cable, k2, 1st row of Twisted and Crossed Cable, k2, 1st row of 4-st Cable, work 18(18;22;22;22) sts in 2-st Rib. Cont in patt as now set and when work measures 44(45;45;46;46)cm from beg ending with a WSR, **SHAPE RAGLANS:** Keeping patt correct, dec 1 st at each end of every foll row 4(2;0;0;0) times, every foll alt row 25(27;31;29;27) times, then every foll 4th row 0(0;0;2;4) times = 6(6;10;10;10)sts. Cast off rem sts.

TO MAKE UP:

Sew raglan seams, leaving right back raglan seam open. **NECKBAND:** RSF, using 5mm needles, pick up and k28(28;28;32;32)sts across back neck, 6(6;10;10;10)sts across top of left sleeve, 42(46;42;46;54)sts around neck opening of front, 6(6;10;10;10)sts across top of right sleeve = 82(86;90;98;106)sts. Work in double rib patt for 5cm ending with a WSR, cast off all sts RW. Sew right back raglan seam and neckband ends. Sew up side and sleeve seams. Block garment to measurement, cover with a damp cloth and allow to dry.

KNITTING NEEDLE SIZES AND CONVERSIONS

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

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