# African Expressilins FREEDOM KNITTING | FREE PATTERN 



ORIGINAL GARMENT: M.

| To Fit Bust | $S$ | $M$ | $L$ |
| :--- | :--- | :--- | :--- |
| Calf | 32 cm | 36 cm | 40 cm |
| Length | 55 cm | 60 cm | 60 cm |

## MATERIALS:

5(5,6) Balls FREEDOM 50g
Colour - 5062
1 Ball HOPE 25g
Colour - 6001
3.25 mm Knitting needles

4 mm Knitting needles
Cable needle
Place markers
3 mm Crochet hook
6 Buttons

## TENSION:

$22 \mathrm{sts} \times 28$ rows $=10 \mathrm{~cm}$ over stocking stitch using 4 mm needles.

ABBREVIATIONS:
beg - begin(ning)
ch - chain
C4F(cable 4 front) - slip next 2sts onto cable needle, hold at front of work, knit next 2sts from left-hand needle, then knit sts from cable needle
foll - follows(ing)
k-knit
p-purl
patt - pattern
pm - place marker
pw - purlwise
inc - increase
$\mathrm{n}(\mathrm{s})$ - needle(s)
rnd(s) - round(s)
rep - repeat
R(W)SF - right (wrong) side facing
sl - slip
st(s) - stitch(es)
tr - treble

## STITCHES USED:

(worked in rounds)
Wide rib:
(Worked over 6sts)
$(p 2, k 4)$ rep to end.

## Cable pattern:

$1^{\text {st }}-2^{\text {nd }}, 4^{\text {th }}-6^{\text {th }}, 8^{\text {th }}-10^{\text {th }}, 12^{\text {th }}-14^{\text {th }}, 16^{\text {th }}-$
$18^{\text {th }}, 20^{\text {th }}-22^{\text {nd }}, 24^{\text {th }}-26^{\text {th }}, 28^{\text {th }}-30^{\text {th }} \& 3^{\text {nd }}$
Rnds: (P2, k4) rep to end.
$3^{\text {rd }}, 7^{\text {th }}, 11^{\text {th }} \& 15^{\text {th }}$ Rnds: (P2, k4, p2, C4F) rep to end.
$19^{\text {th }}, 23^{\text {rd }}, 27^{\text {th }} \& 31^{\text {st }}$ Rnds: (P2, C4F, p2, k4)
rep to end.
These 32 rnds complete one patt. Rep as required.

## LEG WARMERS:

## RIGHT LEG:

Using 3.25 mm needles, cast on $48(60,72)$ sts. Arrange sts on 3 ns as folls; $1^{\text {st }} \mathrm{N}: 14(18,24)$ sts.
$2^{\text {nd }} \mathbf{N}: 16(20,24)$ sts.
$3^{\text {rd }} \mathbf{N}$ : $18(22,24)$ sts, join to work in rnds, PM at beg of rnd. Work in wide rid patt for $8(10,10) \mathrm{cm}$. Change to 4 mm ns. Work cable patt as folls; 3 cable patt rep for small; 3 patt rep then $1^{\text {st }}-16^{\text {th }}$ rnds for medium and large sizes.
Next Rnd: (P1, inc pw, k4) rep to end $=56(70,84)$ sts ${ }^{* *}$
Work in rows from here on. Cast on 6sts onto $1^{\text {st }} \mathrm{n}$.
$1^{\text {st }}$ Row: K6, ( $\mathrm{p} 3, \mathrm{k} 4$ ) rep to last 7sts, pl, k6. Change to 3.25 mm ns.
$2^{\text {nd }}$ Row: K7, (p4, k3) rep to last 9sts, $k 9$.
$3^{\text {rd }}$ Row: K6, (p3, k4) rep to last 7sts, p1, k6. $4^{\text {th }}$ Row: Rep $2^{\text {nd }}$ row.
$5^{\text {th }}$ Row: K6, (p3, k4) rep to last 7sts, p1, k2, cast off 2 sts, k2.
$6^{\text {th }}$ Row: K2, cast on 2sts, k3 (p4, k3) rep to last 9sts, k9.
$\mathbf{7}^{\text {th }}-14^{\text {th }}$ Rows: Rep $3^{\text {rd }}$ and $4^{\text {th }}$ rows 4 times.
$15^{\text {th }}-16^{\text {th }}$ Rows: Rep $5^{\text {th }}$ and $6^{\text {th }}$ rows.
$17^{\text {th }}-24^{\text {th }}$ Rows: Rep $3^{\text {rd }}$ and $4^{\text {th }}$ rows 4 times.
$\mathbf{2 5}^{\text {th }} \mathbf{- 2 6 ^ { \text { th } }}$ Rows: Rep $5^{\text {th }}$ and $6^{\text {th }}$ rows.
$27^{\text {th }}-30^{\text {th }}$ Rows: Rep $3^{\text {rd }}$ and $4^{\text {th }}$ rows twice.
Cast off in patt.

## RIGHT LEG:

Work as for right leg to **
$1^{\text {st }}$ Row: P1, sl this st to end of $3^{\text {rd }}$ needle, k6, (p3, k4) rep to last 8sts, p3, k4, pl. Change to 3.25 mm ns.
$2^{\text {nd }}$ Row: Cast on 6sts, k7, (p4, k3) rep to last 6sts, k6.
$3^{\text {rd }}$ Row: K6, (p3, k4) rep to last 7sts, pl, k6.
$4^{\text {th }}$ Row: K7, (p4, k3) rep to last 6sts, k6.
$5^{\text {th }}$ Row: K2, cast off 2sts, k2 (incl sts on needle), (p3, k4) rep to last 7sts, pl, k6. $6^{\text {th }}$ Row: As done for $4^{\text {th }}$ row, casting on 2sts over cast off sts of previous row.
$\mathbf{7}^{\text {th }}-14^{\text {th }}$ Rows: Rep $3^{\text {rd }}$ and $4^{\text {th }}$ rows, 4 times. $15^{\text {th }}-16^{\text {th }}$ Rows: Rep $5^{\text {th }}$ and $6^{\text {th }}$ rows. $17^{\text {th }}-24^{\text {th }}$ Rows: Rep $3^{\text {rd }}$ and $4^{\text {th }}$ rows,

## 4 times.

$\mathbf{2 5}^{\text {th }}-\mathbf{2 6}^{\text {th }}$ Rows: Rep $5^{\text {th }}$ and $6^{\text {th }}$ rows. $27^{\text {th }}-30^{\text {th }}$ Rows: Rep $3^{\text {rd }}$ and $4^{\text {th }}$ rows twice. Cast off in patt.

Sew cast on edge of button tab to inside of buttonhole tab.

## CROCHET EDGE:

## RIGHT LEG (RSF):

Join HOPE to top edge of button band. $3 c h$ in $1^{\text {st }}$ st, 4 tr in same st, *sk $1^{\text {st }}, 5$ tr in next st, cont from * to bottom of buttonhole tab, fasten off.

## LEFT LEG (RSF):

Start at bottom edge of buttonhole tab. Work as for right leg, ending at top edge of button tab.
Sew on buttons.

OTHER AVAILABLE FREEDOM PATTERNS:
FREE to download from our website.


NATURAL FiBRES (PMI IUd.

