

## TEEN GIRL SHRUG

**IMPORTANT NOTE:** Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 10 - 12 years and shown on an 10/12 year old model.

Pattern and Design by Brenda Grobler.

### MEASUREMENTS:

| To fit age                 | 8-10 | 10-12 | 12-14 | 14-16 |
|----------------------------|------|-------|-------|-------|
| Measurement: Bust (actual) | 69cm | 74cm  | 79cm  | 81cm  |

### MATERIALS:

|                |       |   |   |   |
|----------------|-------|---|---|---|
| Freedom - 5230 | 5     | 6 | 7 | 7 |
| Hook           | 4.5mm |   |   |   |

### TENSION: SAVE TIME, TAKE TIME, CHECK TENSION

4 rounds = 10cm in diameter using a 4.5mm crochet hook and working in pattern as set. FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION. IF THERE ARE TOO FEW STS ON THE TEST SWATCH, USE A THINNER CROCHET HOOK; IF THERE ARE TOO MANY STS, USE A THICKER CROCHET HOOK.

### ABBREVIATIONS:

**alt** = alternate; **beg** = begin (ning); **ch** = chain; **cont** = continue; **dc** = double crochet; **dec** = decrease; **fol(s)** = follow(s)ing; **patt(s)** = pattern(s); **rem** = remaining; **rep** = repeat; **RS** = right side; **RSF** = right side facing; **sl st** = slip stitch; **st(s)** = stitches; **tr** = treble; **WS** = wrong side; **WSF** = wrong side facing.

### PATTERN NOTES:

The entire garment is worked in one piece, in the round. DO NOT TURN on any row. The back circle is done first, and then the collar is created.

### SHRUG:

Using a 4.5mm hook and col 5230, make 4 ch and close with sl st to form a ring.

### All sizes:

**Round 1:** Ch3 (counts as tr), 11 tr in ring, close with slst = 12 tr.

**Round 2:** Ch3 (counts as tr), 1tr in base of ch3, 2tr in each tr around, close with slst = 24 tr.

**Round 3:** Ch3 (counts as tr), 2tr in next tr, \*1tr in next tr, 2tr in next tr\*, rep from \*-\* around, close with slst = 36 tr.

**Round 4:** Ch3 (counts as tr), 1tr in base of ch3, ch2, \*sk next 2 tr, 2tr in next tr, ch2\*, rep from \*-\* around, close with slst = 48sts.

**Round 5:** Ch3 (counts as tr), 1tr in next tr, 3tr in next 2chsp, \*1tr in next 2 tr, 3tr in next 2chsp\*, rep from \*-\* around, close with slst = 60sts.

**Round 6:** Ch3 (counts as tr), 1tr in next 3 tr, 2tr in next tr, \*1tr in next 4 tr, 2tr in next tr\*, rep from \*-\* around, close with slst = 72tr.

**Round 7:** Ch3 (counts as tr), 1tr in next tr, ch2, sk next 2 tr, \*1tr in next tr, 2tr in next tr, 1tr in next 2 tr, ch2, sk next 2 tr\* rep from \*-\* to last 4 tr, 1tr in next tr, 2tr in last tr, close with slst = 84 sts.

**Round 8:** Ch3 (counts as tr), 1tr in next tr, 3tr in next 2chsp, \*1tr in next 5 tr, 3tr in next 2chsp\*, rep from \*-\* around to last 3 tr, 1tr in next 3 tr, close with slst = 96sts.

**Round 9:** Ch3 (counts as tr), 1 tr in next 6 tr, \*2tr in next tr, 1 tr in next 7 tr\*, rep from \*-\* around to last tr, 2tr in last tr, close with slst = 108 tr.

**Round 10:** Ch3 (counts as tr), 1tr in next tr, 2tr in next tr, ch2, sk next 2 tr, \*1tr in next 2 tr, 2tr in next tr, 1tr in next 4 tr, ch2, sk next 2 tr\* rep from \*-\* around

to last 4 tr, 1tr in next 4 tr, close with slst = 120 sts.

**Round 11:** Ch3 (counts as tr), 1tr in next 3 tr, 3tr in next 2chsp, \*1tr in next 8 tr, 3tr in next 2chsp\*, rep from \*-\* around to last 4 tr, 1tr in next 4 tr, close with slst = 132sts.

**Round 12:** Ch3 (counts as tr), 1 tr in next 9 tr, \*2tr in next tr, 1 tr in next 10 tr\*, rep from \*-\* around to last tr, 2tr in last tr, close with slst = 144 tr.

**Round 13:** Ch3 (counts as tr), 1tr in next 4 tr, ch2, sk next 2 tr, \*1tr in next 4 tr, 2tr in next tr, 1tr in next 5 tr, ch2, sk next 2 tr\* rep from \*-\* around to last 5 tr, 1tr in next 4 tr, 2tr in last tr close with slst = 156 sts.

**Round 14:** Ch3 (counts as tr), 1tr in next 4 tr, 3tr in next 2chsp, \*1tr in next 11 tr, 3tr in next 2chsp\*, rep from \*-\* around to last 6 tr, 1tr in next 6 tr, close with slst = 168sts.

**STOP HERE FOR SIZE 8 – 10**, cont with armhole section.

**Round 15:** Ch3 (counts as tr), 1 tr in next 12 tr, \*2tr in next tr, 1 tr in next 13 tr\*, rep from \*-\* around to last tr, 2tr in last tr, close with slst = 180 tr.

**STOP HERE FOR SIZE 10 – 12**, cont with armhole section

**Round 16:** Ch3 (counts as tr), 1 tr in next 13 tr, \*2tr in next tr, 1 tr in next 14 tr\*, rep from \*-\* around to last tr, 2tr in last tr, close with slst = 192 tr.

**STOP HERE FOR SIZE 12 – 14**, cont with armhole section.

### Size 14 – 16 only:

**Round 17:** Ch3 (counts as tr), 1 tr in next 14 tr, \*2tr in next tr, 1 tr in next 15 tr\*, rep from \*-\* around to last tr, 2tr in last tr, close with slst = 192 tr.

### Armhole:

#### Size 8 – 10 only:

Ch3 (counts as tr), 1tr in next 29 tr, ch33, sk next 27 tr, 1 tr in next 84 tr, ch33, sk next 27 tr, close with slst = 180 sts.

#### Size 10 – 12 only:

Ch3 (counts as tr), 1tr in next 35 tr, ch33, sk next 27 tr, 1 tr in next 90 tr, ch33, sk next 27 tr, close with slst = 192 sts.

#### Size 12 – 14 only:

Ch3 (counts as tr), 1tr in next 35 tr, ch33, sk next 27 tr, 1 tr in next 96 tr, ch33, sk next 27 tr, close with slst = 204 sts.

#### Size 14 – 16 only:

Ch3 (counts as tr), 1tr in next 35 tr, ch33, sk next 27 tr, 1 tr in next 102 tr, ch33, sk next 27 tr, close with slst = 216 sts.

### All sizes:

**Next Round:** Ch3 (counts as tr), 1 tr in next 13 (14, 15, 16) sts, 2tr in next st, \*1tr in next 14 (15, 16, 17) sts, 2tr in next tr\*, rep from \*-\* around, close with slst = 192 (204, 216, 228) tr.

**Next Round:** Ch3 (counts as tr), 1 tr in next 14 (15, 16, 17) sts, 2tr in next st, \*1tr in next 15 (16, 17, 18) sts, 2tr in next tr\*, rep from \*-\* around, close with slst = 204 (216, 228, 240) tr.

**Next Round:** Ch3 (counts as tr), 1 tr in next 15 (16, 17, 18) sts, 2tr in next st, \*1tr in next 16 (17, 18, 19) sts, 2tr in next tr\*, rep from \*-\* around, close with slst = 216 (228, 240, 252) tr.

**STOP HERE FOR SIZE 8 – 10**, cont to edging.

**Next Round:** Ch3 (counts as tr), 1 tr in next 0 (17, 18, 19) sts, 2tr in next st, \*1tr in next 0 (18, 19, 20) sts, 2tr in next tr\*, rep from \*-\* around, close with slst = 0 (240, 252, 264) tr.

**STOP HERE FOR SIZE 10 - 12**, cont to edging.

**Next Round:** Ch3 (counts as tr), 1 tr in next 0 (0, 19, 20) sts, 2tr in next st, \*1tr in next 0 (0, 20, 21) sts, 2tr in next tr\*, rep from \*-\* around, close with slst = 0 (0, 264, 276) tr.

**STOP HERE FOR SIZE 12 - 14**, cont to edging.

### Size 14 – 16 only:

**Next Round:** Ch3 (counts as tr), 1 tr in next 0 (0, 0, 21) sts, 2tr in next st, \*1tr in next 0 (0, 0, 22) sts, 2tr in next tr\*, rep from \*-\* around, close with slst = 0 (0, 0, 288) tr.

### Edging (all sizes)

**Round 1:** Ch1, 1dc in first st, \*ch6, sk next 5 tr, dc in next tr\*, rep from \*-\* around to last 5 tr, ch6, join with slst in first dc = 36 (40, 42, 44) 12ch loops.

**Round 2:** Ch1, 1dc in first dc, \*10 tr in 6chsp, 1dc in next dc\*, rep from \*-\* around to last loop, 10tr in last loop, join with slst.

**Round 3:** Slst to between the 5th and 6th tr of first scallop. Ch1, 1dc between 5th and 6th tr, \*ch8, 1dc between 5th and 6th tr of next scallop\*, rep from \*-\* to last scallop, ch 8, join with slst in first dc.

**Round 4:** Ch1, 1dc in first dc, \*14tr in next 8chsp, 1dc in next dc\*, rep from \*-\* to last 8chsp, 14tr in last 8chsp, join with slst in first dc. Fasten off.

### FINISH OFF:

Weave in all loose ends. Block garment to measurement, cover with a damp cloth or spray with water and allow to dry.



## Tension

Correct tension for even stitching requires that the yarn move easily when the hook is pulling it through a loop, and stay taut when the hook is grabbing a yarn over, prior to the pull through. Because there are two phases “yarn over and pull through” there are actually two different rates of tension needed in every stitch (and needed repeatedly in each taller stitch). If the yarn is being controlled with too much space between the hook and yarn-guiding finger, it will continually become too loose for the “taut” part of the stitch. When that happens, either the fingers clench more tightly (leading to stress injury), or the yarn hold must continually be adjusted or “re-wrapped” through the fingers. This process fatigues the hand, slows the work, and causes inconsistencies in the finished fabric. On the other hand, if the yarn is held so as to avoid movement, perhaps with a double wrap around a finger or palm, it stays put when needed, but won’t flow, and the hook continually fights this extra tension when “pulling through” the yarn hand must continually adjust and re-wrap the yarn. Either of these “single tensioning” methods is likely to lead to stress injuries, reduced quality of the finished work, unnecessarily slow the work, and impair the rhythm of the crochet.

## Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

**More downloadable patterns available from**  
**[www.africanexpressions.co.za](http://www.africanexpressions.co.za)**

## CROCHET HOOK SIZES AND CONVERSIONS

| Metric sizes(mm) | US          | UK / Canada |
|------------------|-------------|-------------|
| 2.0              | -           | 14          |
| 2.25             | B/1         | 13          |
| 2.5              | -           | 12          |
| 2.75             | C/2         | -           |
| 3.0              | -           | 11          |
| 3.25             | D/3         | 10          |
| 3.5              | E/4         | 9           |
| 3.75             | F/5         | -           |
| 4.0              | G/6         | 8           |
| 4.5              | 7           | 7           |
| 5.0              | H/8         | 6           |
| 5.5              | I/9         | 5           |
| 6.0              | J/10        | 4           |
| 6.5              | K/10<br>1/2 | 3           |
| 7.0              | -           | 2           |
| 8.0              | L/11        | 0           |
| 9.0              | M/13        | 00          |
| 10               | N/15        | 000         |

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