

Tension

The most important factor in determining the finished size of a knitted item is the tension. Patterns will produce different finished sizes by using a different needle size. It is important to be able to determine how much difference a needle change will make, especially in clothing items.

Each one of us knits differently and there is no standard for knowing exactly how much a needle size will change the tension or finished size of a garment. The tension you hold in the yarn will create loose or tight stitches. For smooth, even stitches, it is important to maintain the same tension. Tension is the responsibility of the knitter and must be consistent throughout the entire item to assure an accurate finished size. It is always best to make a small tension swatch, using the yarn, stitch pattern and needles recommended. Check your tension frequently - if you are not getting the proper tension, you will need to rework that portion adjusting your tension accordingly.

Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNITTING NEEDLE SIZES AND CONVERSIONS

Metric sizes(mm)	US	UK / Canada
2.0	0	14
2.25	1	13
2.75	2	12
3.0	-	11
3.25	3	10
3.5	4	-
3.75	5	9
4.0	6	8
4.5	7	7
5.0	8	6
5.5	9	5
6.0	10	4
6.5	10 1/2	3
7.0	-	2
7.5	-	1
8	11	0
9	13	00
10	15	000
12	17	-
16	19	-
19	35	-
25	50	-

AE-5001



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CABLE PULLOVER

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible.

Original garment worked in size 87cm and shown on a size 87cm model.

Pattern and Design by Marelle Hurter

MATERIALS: FREEDOM DK (50g balls) 17(18;19;20;21;22;23) balls 5053
One pair each 4mm and 4,5mm knitting needles.
One cable needle.
One stitch holder.

MEASUREMENTS:

To fit Bust: 82(87;92;97;102;107;112)cm
Actual all round measurement of garment: Bust: 93(100;105;110;115;120;125)cm
Length to shoulder: 50(55;58;59;61;63;66)cm
Sleeve seam: 42(45;47;48;49;50;50)cm
THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION.

22sts and 30 rows = 10cm over stocking stitch using 4mm needles.
FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION. IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES; IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

ABBREVIATIONS:

alt = alternate; **beg** = begin(ning); **cont** = continue; **C8B(C8F)** = slip next 4sts onto cable needles and hold at back (or front) of work, knit next 4sts from left-hand needle, then knit sts from cable needle; **dec** = decrease; **fol(s)** = follow(s)ing; **inc(s)** = increase(s); **k** = knit; **patt(s)** = pattern(s); **p** = purl; **rem** = remain(ing); **rep**

= repeat; **rev** = reverse; **R(W)S** = right(wrong) side; **R(W)SF** = right(wrong) side facing; **R(W)SR** = right(wrong) side row; **RW** = ribwise; **st(s)** = stitch(es); **tog** = together

STITCHES USED:

DOUBLE RIB PATTERN (Worked over 4 sts + 2):

1st row: K2, *p2, k2, rep from * to end.
2nd row: P2, *k2, p2, rep from * to end.
Rep these 2 rows.

REVERSE STOCKING STITCH:

1st row: RSF, one row P.
2nd row: WSF, one row K.

Rep these 2 rows.

SNAKE CABLE PATTERN (Worked over 8sts):

1st row: RSF, K8sts.
2nd row: P8sts.
3rd row: C8B.
4th row: P8sts.
5th to 10th rows: Rep 1st and 2nd rows 3 times.
11th row: C8F.
12th row: P8sts.
13th to 16th rows: Rep 1st and 2nd rows twice.
Rep these 16 rows.

BACK:

Using 4mm needles cast on 102(114;114;122;134;134;142)sts and work in double rib patt for 8cm ending with a RSR. **Next row, inc row:** Work one row on WS, inc 40(44;44;48;52;52;56)sts evenly across row = 142(158;158;170;186;186;198)sts. Now work in rev st st and Snake Cable patt as folls: P2(5;5;2;4;4;5)sts, work 1st row of Snake Cable

patt (**SEE STS USED**) *p2, work 1st row of Snake Cable patt, rep from * to last 2(5;5;2;4;4;5)sts, p2(5;5;2;4;4;5)sts. **Next row:** K2(5;5;2;4;4;5) sts, work 2nd row of Snake Cable patt, *k2, work 2nd row of Snake Cable patt, rep from * to last 2(5;5;2;4;4;5)sts, k2(5;5;2;4;4;5)sts. Cont straight in patt as now set and when work measures 30(34;36;36;37;39;41)cm from beg ending with a WSR, **SHAPE ARMHOLES:** Cast off 5sts at beg of next 2 rows, 4sts at beg of foll 2 rows, 3sts at beg of foll 0(2;2;2;2;2) rows, 2sts at beg of foll 2(2;2;4;6;8;10) rows, then dec 1 st at each end of every foll alt row 2(2;2;2;3;1;2) times = 116(126;126;134;144;144;150) sts. Cont straight and when work measures 50(55;58;59;61;63;66)cm from beg ending with a WSR, **SHAPE SHOULDERS:** Cast off 10(11;11;12;14;14;14)sts at beg of next 4 rows, then 9(12;12;13;13;13;14)sts at beg of foll 2 rows = 58(58;58;60;62;62;66)sts. Cast off rem sts for neck opening.

FRONT:

Work as for back and when work measures 35(39;41;41;42;43;45)cm from beg ending with a WSR, **SHAPE NECK:** Patt 43(47;46;50;54;53;56)sts, cast off centre 30(32;34;34;36;38;38)sts for neck opening and cont on rem sts for left side of work. **LEFT SIDE:** Work one row. Cast off 3sts at beg (neck edge) of next row, 2sts at same edge of foll alt row, then dec 1 st (= work 2tog) at beg of every foll alt row 9(8;7;8;8;7;9) times = 29(34;34;37;41;41;42) sts. Cont straight and when work measures 50(55;58;59;61;63;66)cm from beg ending with a RSR, **SHAPE SHOULDER** as for one side of back = 9(12;12;13;13;13;14)sts. Cast off rem sts. **RIGHT SIDE:** WSF, rejoin yarn at neck edge, pick up sts from holder and work as for left side, rev shaping.

SLEEVES (Both Alike):

Using 4mm needles cast on 54(54;58;58;62;62;66)sts and work in double rib patt for 8cm ending with a RSR. **Next row, inc row:** Work one row on WS, inc 18(18;24;24;20;20;26)sts evenly across row = 72(72;82;82;82;82;92)sts. Now work in Snake Cable patt as folls: P2sts, work 1st row of Snake Cable patt, *p2, work 1st row of Snake Cable patt, rep from * to last 2sts, p2sts. **Next row:** K2sts, work 2nd row of Snake Cable patt, *k2, work 2nd row of Snake Cable patt, rep from * to last 2sts,

k2sts. Cont in patt as now set, inc 1 st at each end of every foll 4th row 11(13;4;11;16;0;14) times, then every foll 6th row 9(9;16;12;9;20;11) times = 112(116;122;128;132;132;142) sts. Cont straight and when work measures 42(45;47;48;49;50;50)cm from beg ending with a WSR, **SHAPE TOP OF SLEEVE:** Cast off 5sts at beg of next 2 rows, 4sts at beg of foll 2 rows, 3sts at beg of foll 2 rows, 2sts at beg of foll alt row 30(36;32;38;36;36;42) times, cast off 3sts at beg of foll 0(0;2;2;2;2) rows, then 4sts at beg of foll 2(0;2;0;2;2;0) rows = 20(20;20;22;22;22;28) sts. Work one row, then cast off rem st.

TO MAKE UP:

Sew right shoulder seam. **COLLAR:** RSF, using 4mm needles, pick up and k 106(112;118;122;130;132;142) sts around neck opening of front and 42(44;46;46;48;48;50)sts across back neck = 148(156;164;168;178;180;192)sts. Work in double rib patt, beg with p2, for 10cm ending with a WSR. Change to 4,5mm needles and cont straight in double rib patt until work measures 22cm from beg ending with a WSR, cast off all sts RW. Sew left shoulder seam and collar ends. Set in sleeves. Sew up side and sleeve seams. Turn collar to outside.

