## UNISEX CARDIGANS

IMPORTANT NOTE: Unless yarn specified is used, African Expressions cannot accept the responsibility for the finished work.

Owing to printing restrictions the colour reproduction is matched as closely to the yarn as possible
Original garments worked in size 87 cm and 107 cm and shown on size 87 cm and 107 cm models.
Pattern and Design by Marelie Hurter

MATERIALS: ADORE (100g balls)
CARDIGAN WITH NECKBAND FOR THE MEN 2(2;3;3;3;3;4;4)balls 8003 ECRU A, 2(2;2;2;2;2;3;3) balls 8291 BROWN B and 2(2;2;2;2;2;3;3) balls 8293 CARAMEL C; $7(8 ; 9 ; 9 ; 9 ; 10 ; 10 ; 10)$ buttons. CARDIGAN WITH COLLAR FOR THE LADIES 2(2;3;3;4;4;5;5) balls each 8003 ECRU A, 8291 BROWN B and 8296 PINK C; one open-end zip to fit.
One pair each 6 mm and 7 mm knitting needles.

## MEASUREMENTS:

To fit bust/chest: 82(87;92;97;102;107;112;117)cm Actual all round measurement of garment: Bust/Chest: 93(100;105;110;115;120;125;130)cm Length to shoulder: $55(60 ; 63 ; 64 ; 66 ; 68 ; 71 ; 73) \mathrm{cm}$ Sleeve seam: 40(43;45;46;47;48;48;49)cm THE INSTRUCTIONS ARE GIVEN FOR THE SMALLEST SIZE, WITH THE LARGER SIZES IN BRACKETS; WHERE ONLY ONE FIGURE IS GIVEN, IT APPLIES TO ALL SIZES.

TENSION: SAVE TIME, TAKE TIME, CHECK TENSION. 14sts and 17 rows $=10 \mathrm{~cm}$ over Stocking Stitch using 7 mm needles.
FOR BEST RESULTS IT IS ESSENTIAL TO OBTAIN THE CORRECT TENSION.
IF THERE ARE TOO FEW STS ON TEST SWATCH, USE THINNER NEEDLES;
IF THERE ARE TOO MANY STS, USE THICKER NEEDLES.

## ABBREVIATIONS:

alt = alternate; beg = begin(ning); cont = continue; dec $=$ decrease; foll $=$ follow(ing); inc(s) $=$ increase; $\mathbf{k}=$ knit; patt(s) = pattern(s); $\mathbf{p}=$ purl; rem = remain(ing); rep = repeat; rev = reverse;
$\mathbf{R}(\mathrm{W}) \mathbf{S}=$ right(wrong) side; $\mathbf{R}(\mathrm{W}) \mathbf{S F}=$ right(wrong) side facing; $\mathbf{R}(\mathbf{W}) \mathbf{S R}=$ right(wrong) side row; RW = ribwise; st(s) = stitch(es); st st = stocking stitch; $\boldsymbol{t o g}=$ together.

## STITCHES USED:

DOUBLE RIB PATTERN:
1st row: K2, *p2, k2, rep from * to end.
2nd row: P2, *k2, p2, rep from * to end
Rep these 2 rows.
STOCKING STITCH
1st row: RSF, one row K.
2nd row: WSF, one row P.
Rep these 2 rows.
STRIPE PATTERN FOR BODY:
Work in st st: *10 rows $B, 2$ rows $C, 2$ rows $A, 10$ rows $C, 2$ rows $A, 2$ rows $C, 10$ rows $A^{*}$, rep from * to *

STRIPE PATTERN FOR SLEEVES:
Work in st st: $10(6 ; 8 ; 10 ; 8 ; 6 ; 2 ; 2)$ rows $A$, *10 rows $B, 2$ rows $C, 2$ rows $A, 10$ rows $C, 2$ rows $A, 2$ rows C, 10 rows $A^{*}$, rep from * to *.

## CARDIGAN WITH NECKBAND FOR THE MEN

## BACK:

Using 6 mm needles and $B$, cast on 66(70;74;78;78;82;86;90)sts and work in double rib and Stripe patt for Body (SEE STS USED) for $6(6 ; 7 ; 7 ; 7 ; 7 ; 7 ; 8) \mathrm{cm}$ ending with a RSR. Next row, inc row: Work one row on WS, inc $0(0 ; 0 ; 0 ; 2 ; 2 ; 2 ; 2)$ sts evenly across row $=$ 66(70;74;78;80;84;88;92)sts. Change to 7 mm needles and cont straight in st st and stripe patt as before and when work measures $35(39 ; 41 ; 41 ; 42 ; 44 ; 46 ; 48) \mathrm{cm}$ from beg ending with a WSR [should end with the next amount
of rows $6 \mathrm{C}(2 \mathrm{C} ; 2 \mathrm{~A} ; 2 \mathrm{~A} ; 4 \mathrm{~A} ; 8 \mathrm{~A} ; 2 \mathrm{~B} ; 4 \mathrm{~B})]$, SHAPE ARMHOLES: Cast off $3(3 ; 3 ; 4 ; 4 ; 4 ; 4 ; 4)$ sts at beg of next 2 rows, 2 sts at beg of every foll row $4(6 ; 6 ; 6 ; 6 ; 6 ; 8 ; 8)$ times, then dec 1 st (= work 2tog) at each end of every foll alt row $1(1 ; 2 ; 2 ; 2 ; 2 ; 1 ; 2)$ times = 50(50;52;54;56;60;62;64)sts. Cont straight and when work measures $55(60 ; 63 ; 64 ; 66 ; 68 ; 71 ; 73)$ cm from beg ending with a WSR, SHAPE SHOULDERS: Cast off $5(5 ; 5 ; 5 ; 5 ; 6 ; 6 ; 6)$ sts at beg of next 4 rows, then $4(4 ; 4 ; 5 ; 5 ; 5 ; 5 ; 6)$ sts at beg of foll 2 rows = 22(22;24;24;26;26;28;28)sts. Cast off rem sts for neck opening.

## RIGHT FRONT:

Using 6 mm needles and $B$, cast on 30(34;34;38;38;42;42;46)sts and work in double rib and stripe patt for Body (SEE STS USED) for $6(6 ; 7 ; 7 ; 7 ; 7 ; 7 ; 8) \mathrm{cm}$ ending with a RSR. Next row, inc row: Work one row on WS, inc $3(1 ; 3 ; 1 ; 2 ; 0 ; 2 ; 0)$ sts evenly across row = 33(35;37;39;40;42;44;46)sts. Change to 7 mm needles and cont straight in st st and stripe patt as before and when work measures $35(39 ; 41 ; 41 ; 42 ; 44 ; 46 ; 48) \mathrm{cm}$ from beg ending with a RSR, SHAPE ARMHOLE as for one side of back $=25(25 ; 26 ; 27 ; 28 ; 30 ; 31 ; 32)$ sts. Cont straight and when work measures $50(54 ; 57 ; 58 ; 59 ; 61 ; 64 ; 66) \mathrm{cm}$ from beg ending with a WSR, SHAPE NECK: Cast off $5(5 ; 6 ; 6 ; 7 ; 7 ; 8 ; 8)$ sts at beg (neck edge) of next row, 2sts at same edge of every foll alt row twice, then dec 1 st (= work 2tog) at beg of every foll alt row twice = 14(14;14;15;15;17;17;18)sts. Cont straight and when work measures 55(60;63;64;66;68;71;73)cm from beg ending with a RSR, SHAPE SHOULDER: Cast off $5(5 ; 5 ; 5 ; 5 ; 6 ; 6 ; 6)$ sts at beg of next and at same edge of foll alt row $=4(4 ; 4 ; 5 ; 5 ; 5 ; 5 ; 6)$ sts. Work one row, then cast off rem sts to complete shoulder slope.

## LEFT FRONT:

Work as for right front, rev shapings.

## SLEEVES (Both Alike):

Using 6 mm needles and $A$, cast on $34(34 ; 38 ; 38 ; 38 ; 38 ; 42 ; 42)$ sts and work in double rib and Stripe patt for Sleeves (SEE STS USED) for $6(6 ; 7 ; 7 ; 7 ; 7 ; 7 ; 8) \mathrm{cm}$ ending with a RSR. Next row, inc row: Work one row on WS, inc 2(2;0;0;2;2;0;0)sts evenly across row = $36(36 ; 38 ; 38 ; 40 ; 40 ; 42 ; 42)$ sts. Change to 7 mm needles and cont in st st and stripe patt for sleeves as before, inc 1 st at each end of every foll 6(6;6;6;4;4;4;4)th row 7(8;7;10;2;2;2;5) times, then everyfoll8(8;8;0;6;6;6;6)throw $1(1 ; 2 ; 0 ; 9 ; 9 ; 9 ; 7)$ times = 52 (54;56;58;62;62;64;66)sts.Cont
straight and when work measures 40(43;45;46;47;48;48;49)cm from beg ending with a WSR, SHAPE TOP OF SLEEVE: Cast off $3(3 ; 3 ; 4 ; 4 ; 4 ; 4 ; 4)$ sts at beg of next 2 rows, 2sts at beg of every foll $10(14 ; 14 ; 20 ; 18 ; 18 ; 18 ; 22)$ rows, then dec 1 st at beg of foll 2 rows $0(0 ; 0 ; 0 ; 0 ; 0 ; 1 ; 0)$ time, then 3sts at beg of foll $6(4 ; 4 ; 0 ; 2 ; 2 ; 0 ; 0)$ rows $=8(8 ; 10 ; 10 ; 12 ; 12 ; 14 ; 14)$ sts. Cast off rem sts.

## TO MAKE UP

Sewshoulderseams. NECKBAND:RSF, using6mm needles, pick up and k16(16;19;19;24;24;25;25) sts around neck edge of right front, 22(22;24;24;26;26;28;28)sts across back neck and 16(16;19;19;24;24;25;25)sts down neck edge of left front $=54(58 ; 62 ; 62 ; 74 ; 74 ; 78 ; 78)$ sts. Work in double rib patt, beg with p2, for 3cm ending with a WSR. Cast off all sts RW. LEFT FRONT BAND: RSF, using 6 mm needles, pick up and k74(78;86;86;86;90;98;98)sts evenly along neckband and front edge. Work in double rib patt for 1 cm ending with a WSR. Next row, buttonhole row: Rib 2sts, cast off 2sts, *rib $7(8 ; 8 ; 8 ; 8 ; 7 ; 8 ; 8)$ sts, cast off 2 sts, rep from * $5(6 ; 7 ; 7 ; 7 ; 8 ; 8 ; 8)$ times more, rib to end $[=7(8 ; 9 ; 9 ; 9 ; 10 ; 10 ; 10)$ buttons]. Next row: Rib, casting on 2sts over each buttonhole. Work in rib patt until band measures 3cm from beg ending with a WSR, cast off all sts RW. RIGHT FRONT BAND: Work as for left front band, omitting buttonholes. Set in sleeves. Sew up side and sleeve seams. Sew on buttons. Block garment to measurement, cover with a damp cloth and allow to dry.


CARDIGAN WITH COLLAR FOR THE LADIES
BACK, FRONTS AND SLEEVES:
Work as for cardigan with neckband for the men.
TO MAKE UP:
Sew shoulder seams. COLLAR: RSF, using 6 mm needles, pick up and k16(18;19;19;24;24;25;25)sts around neckedge of right front, 22(22;24;24;26;26;28;28)sts across back neck and $16(18 ; 19 ; 19 ; 24 ; 24 ; 25 ; 25)$ sts down neck edge of left front = $54(58 ; 62 ; 62 ; 74 ; 74 ; 78 ; 78)$ sts. Work in double rib patt, beg with k2, for 10 cm ending with a WSR. Cast off all sts RW. FRONT BANDS: Using 6mm needles, pick up and k74(78;86;86;86;90;98;98)sts evenly along front edge. Work in double rib patt for 1 cm ending with a WSR. Cast off all sts RW. Set in sleeves. Sew up side and sleeve seams. Sew in zip. Block garment to measurement, cover with a damp cloth and allow to dry.


## Garment Care

This is important for ensuring that your labour of love remains in pristine condition. Always hand wash garments in a mild soapy solution. Allow to dry flat (on a bath towel on the floor). Never hang your garment on the washing line to dry and always fold and store in a drawer or flat on a shelf.

KNItting needle sizes and convertions

| Metric <br> sizes(mm) | US | UK/Canada |
| :---: | :---: | :---: |
| 2.0 | 0 | 14 |
| 2.25 | 1 | 13 |
| 2.75 | 2 | 12 |
| 3.0 | - | 11 |
| 3.25 | 3 | 10 |
| 3.5 | 4 | - |
| 3.75 | 5 | 9 |
| 4.0 | 6 | 8 |
| 4.5 | 7 | 7 |
| 5.0 | 8 | 6 |
| 5.5 | 9 | 5 |
| 6.0 | 10 | 4 |
| 6.5 | $101 / 2$ | 3 |
| 7.0 | - | 2 |
| 7.5 | - | 1 |
| 8 | 11 | 0 |
| 9 | 13 | 00 |
| 10 | 15 | 000 |
| 12 | 17 | - |
| 16 | 19 | - |
| 19 | 35 | - |
| 25 | 50 | - |
|  |  |  |

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- Extreme Models, Port Elizabeth - Pattern Writer: Marelie Hurter - Photography: Ancke Moolman


